

Fashion Trends for 2008

1) Retro-inspired

Fashion trends from the past are making a big comeback in many ways. If you would like to instill a hint of retro-inspiration into your wardrobe, here are a few tips on how you can create the look for each era.

1950s look

Classy, feminine and tailored looks can be used to describe the 1950s fashion. "Looking every inch a lady" was important during this era and the silhouette is usually hour-glass with emphasis on the waist area. Clutch bags, gloves and closed-toe heels were important accessories to complete the lady look.

Items to create the look:

- Accessories including thick/thin belts worn at the waist or slightly above, closed/peep toe pumps, clutch bags
- Knee length Pencil-slim/A-line/Flare skirts
- Cropped Jackets (that emphasize waist)

1960s look

Adventurous, creative and bold can be used to describe this era which was best known for the "Twiggy" fashion- the high mod fashion look with swinging mini dresses. Mini-skirts that went as high as 6-7 inches above the knee were worn with opaque stockings/tights. Dresses in bold, contrasting colour blocks were also popular.

Items to create the look:

- Mini dresses
- Opaque stockings

1970s look

The 1970s were inspired by the 70s disco fashion which include mini dresses/skirts and micro hot pants. For evening, ladies wore mainly glamorous maxi dresses and halter-neck jump suits.

Items to create the look:

- Mini/Maxi dresses
- Jumpsuits
- Platform Shoes

Other Fashion Trends for 2008

2) Colours

Dresses and tops in rich jewel tones like red, pinks, purples and blues. Opt for cool colour tones that are fantastic for Asian skin tones.

If you prefer to wear neutral shades like black, grey, white, beige and browns, inject some colour in your accessories including belts, bags and shoes. Matching the colour of your shoes to your bag or belt is also an easy way to instill a touch of retro-inspiration into your outfit.

3) Prints

Bold prints will be all the rage this year. They can range from techno graphic prints to ethnic-inspired prints, to works of art that look like they are transferred from canvas to fabric.

Fashion Trends for 2008 (cont'd)

4) Futuristic Touch

Metallic colours like silver, gold and bronze will continue to be in fashion this year. Think also of fabrics and materials that give a nice sheen, like satin, silk and polyester. Patent accessories like bags, shoes and belts also give a nice finish to a retro-inspired outfit.

1950s



1960s



1970s



Pictures are from Victoria's Secret, Charlotte Ruse, Mango and Marciano respectively

Adapt Fashion Trends to Yourself = Style

Looking fashionable is important especially when you want to project an image that says you are creative and forward-looking. However, more importantly, you need to learn to adapt fashion trends to suit your personal style, body shape, profession and lifestyle; because that is what distinguishes a true fashionista from a mere fashion slave!



Alexis Wan, a UK Certified Image Consultant, is the founder of D' New Image Chapter, a leading image consultancy firm that provides corporate image training for business executives and professionals in the areas of grooming, deportment, manners & etiquette. The company is also dedicated to providing image training services for school students and has developed a train-the-trainer syllabus for teachers.

For more information on our workshops and services, please visit <http://www.dnic.com.sg/wardrobe.htm> or email alexis@dnic.com.sg

If you would like to receive image tips via our monthly newsletter, subscribe to our mailing list via www.dnic.com.sg